

Shopping List

Introduction

There's nothing particularly special about this list. It's just a simple system designed to make the chore of shopping a little easier.

The next page contains examples and the third page has blanks. There are three copies of the shopping list on each page. Use scissors to separate them.

Here's how to use the three column shopping list. In the far right column, enter the names of your frequently purchased supplies. Arrange them by category in the same order as your usual route. Use the blank rows to write in items that you rarely buy or forgot about. Use the far left column to write in the quantity or size you need. Use the middle column to check off items as you place them into your shopping cart.

I hope this tiny change helps to simplify your life.

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